

Clenbuterol 0.02mg Tablets Sopharma Leaflet

LEAFLET: CUSTOMER INFORMATION

Read this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you personally. Do not pass it on to others, as it may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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1. What is Clenbuterol Sopharma and what is it used for?

Clenbuterol Sopharma is a bronchodilator medication. It relaxes the smooth muscles of the bronchi, improves their patency, eliminates wheezing, and eases breathing. It is used to relieve bronchospasms in asthma and other lung diseases.

2. Before you take Clenbuterol Sopharma

Do not take Clenbuterol Sopharma if:

- You are allergic (hypersensitive) to the active substance or any of the other ingredients of this medicine.
- You have thyrotoxicosis (overactive thyroid gland).
- You have cardiovascular diseases such as ischaemic heart disease (impaired blood supply to the heart muscle), high blood pressure, hypertrophic obstructive cardiomyopathy, heart rhythm disorders (tachyarrhythmia), or angina pectoris (chest pain).
- You have recently had a myocardial infarction (heart attack).
- You are in the first three months of pregnancy.

Take special care with Clenbuterol Sopharma:

- Inform your doctor before starting treatment if you have other conditions such as prostate enlargement or diabetes.

- Prolonged treatment with high doses of Clenbuterol can lead to an increase in muscle mass due to its anabolic effect.
- Athletes may test positive for doping when treated with Clenbuterol.

Taking other medicines:

Inform your doctor or pharmacist if you are taking or have recently taken any other medicines, including over-the-counter medicines.

Clenbuterol may interact with other medicines or be affected by them. You should not take Clenbuterol at the same time as:

- Other medicines to treat bronchospasm (e.g., salbutamol, theophylline).
- Corticosteroids, diuretics, medicines to treat heart failure (digitalis glycosides), halothane and other anaesthetics, medicines to treat depression (MAO inhibitors or tricyclic antidepressants), thyroid hormones - increased risk of side effects.
- Beta-blockers (medicines to treat high blood pressure, e.g., propranolol, atenolol, metoprolol) and Clenbuterol may counteract each other's effects.

Pregnancy and breastfeeding:

Ask your doctor or pharmacist for advice before taking any medicine. Clenbuterol Sopharma should not be used in the first three months of pregnancy, or at the end of pregnancy, as it can suppress labour. Clenbuterol Sopharma is not recommended for breastfeeding women.

Driving and using machines:

Clenbuterol Sopharma may cause tremors of the hands and nervousness, which requires caution when driving or operating machinery.

Important information about some of the ingredients of Clenbuterol Sopharma:

This medicine contains lactose. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine.

The tablet contains wheat starch. This does not pose a risk for people with coeliac disease. Patients with a wheat allergy (different from coeliac disease) should not take this medicine.

3. How to take Clenbuterol Sopharma

Always take Clenbuterol Sopharma exactly as your doctor has told you. If you are not sure, check with your doctor or pharmacist.

The tablets are taken orally with liquid. The dosage and duration of treatment are determined by the doctor. If the doctor has not prescribed otherwise, the treatment is carried out as follows:

- **Adults:** 1 tablet in the morning and evening. Maintenance dose: 1/2 tablet twice daily. In more severe conditions, 2 tablets in the morning and evening are recommended in the first days. After improvement, the dose is reduced.
- **Children over 12 years:** 1/2 tablet 2-3 times daily or 1 tablet twice daily; children aged 6-12 years: 1/2 tablet twice daily.

For children under 6 years, the use of the syrup form is recommended.

4. Possible side effects

Like all medicines, Clenbuterol Sopharma can cause side effects, although not everyone gets them.

Possible side effects include:

- Headache
- Dizziness
- Trembling of the limbs
- Nervousness
- Insomnia
- Increased heart rate
- Chest pain
- Increased blood pressure
- Skin rash
- Urinary problems
- Extremely rare paradoxical bronchospasm (difficulty breathing or wheezing), atrial fibrillation, myocardial infarction (heart attack), which requires immediate discontinuation of treatment.

If any of the side effects get serious or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

5. How to store Clenbuterol Sopharma

- Store in the original packaging to protect from light and moisture.
 - Store below 25°C.
 - Keep out of the reach of children.
 - Do not use Clenbuterol Sopharma after the expiry date stated on the packaging.
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6. Further information

What Clenbuterol Sopharma contains:

- The active substance is Clenbuterol hydrochloride 0.02 mg per tablet.
- The other ingredients are microcrystalline cellulose, lactose monohydrate, colloidal silicon dioxide, wheat starch, magnesium stearate, and povidone K25.

What Clenbuterol Sopharma looks like and contents of the pack:

Round, flat tablets with a facet and scoreline on one side, white, odourless. 10 tablets per blister made of aluminium foil; 5 blisters in a carton box with a leaflet.

Marketing Authorisation Holder and Manufacturer:

SOFARMA AD ul. Iliensko Shose 16, 1220 Sofia, Bulgaria

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